

SMART RECOVERY MEETINGS



Note:

Meetings may be 60-90 minutes.

Public meetings are open to anybody.

Specialized meetings are open to those who meet a specific demographic requirement, indicated by another tag, and sometimes on the right of this page.

Private meetings are only open by invitation or approval, and generally require an existing relationship with the facility/Facilitator.

Personal Outcomes:

- Recovery journey defined by you
- Healthy, happy and meaningful life
- Deeper relationships with yourself, family and friend

Social Impact:

SMARTLC helps people to help each other manage addictive behaviors for the improvement of the population health and well-being of the community.